

February - Fitness Studio

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:30am-11:15am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	2 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm	3 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:30am-11:15am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	4 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm	5 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Pilates 'FOD' 12:15pm-1:15pm Jazzercise 6pm-6:30pm Yoga 'FOD' 7:10pm-7:45pm	6 Yoga 'FOD' 7:15am-8am Jazzercise 8:15am-9:15am Group Centergy 9:30am-10:30am
7 Jazzercise 3pm-4pm	8 Jazzercise 5:30am-6:30am Jazzercise 7am-8am Gentle Yoga 10:30am-11:15am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	9 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm	10 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:30am-11:15am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	11 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm	12 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Pilates 'FOD' 12:15pm-1:15pm Jazzercise 6pm-6:30pm Yoga 'FOD' 7:10pm-7:45pm	13 Yoga 'FOD' 7:15am-8am Jazzercise 8:15am-9:15am Group Centergy 9:30am-10:30am
14 Jazzercise 3pm-4pm	15 Jazzercise 5:30am-6:30am Jazzercise 7am-8am Gentle Yoga 10:30am-11:15am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	16 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm	17 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:30am-11:15am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	18 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm	19 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Pilates 'FOD' 12:15pm-1:15pm Jazzercise 6pm-6:30pm Yoga 'FOD' 7:10pm-7:45pm	20 Yoga 'FOD' 7:15am-8am Jazzercise 8:15am-9:15am Group Centergy 9:30am-10:30am
21 Jazzercise 3pm-4pm	22 Jazzercise 5:30am-6:30am Jazzercise 7am-8am Gentle Yoga 10:30am-11:15am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	23 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm	24 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:30am-11:15am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm	25 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centergy 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm	26 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Pilates 'FOD' 12:15pm-1:15pm Jazzercise 6pm-6:30pm Yoga 'FOD' 7:10pm-7:45pm	7 Yoga 'FOD' 7:15am-8am Jazzercise 8:15am-9:15am Group Centergy 9:30am-10:30am
28 Jazzercise 3pm-4pm	Patrons may use any available opening. However, please remember that HCC programs, leagues & rentals will have priority. Please be courteous if asked to be moved. This schedule can change without advanced notice.					