

SOCIAL HALL

Weekly Schedule

Live Classes

SilverSneakers | 8am
Group Active | 9:30am
Strength & Body Circuit | 6pm
Martial Arts Youth | 7pm

Turbo Kick | 5pm
P90x | 6pm

SilverSneakers | 8am
Group Active | 9:30am
Strength & Body Circuit | 6pm
Martial Arts Adult | 7pm

Turbo Kick | 5pm
P90x | 6pm

SilverSneakers | 8am
Strength & Body Circuit | 6pm

Martial Arts Adult | 10am
Martial Arts Youth | 11am

Fitness on Demand

Total Body | 12:15pm
Total Body | 12:45pm

Kickbox Fast Fix | 12:15pm
Kickbox Fast Fix | 12:45pm
Kickbox Fast Fix | 7:15pm

Total Body | 12:15pm
Total Body | 12:45pm

Kickbox Fast Fix | 12:15pm
Kickbox Fast Fix | 12:45pm
Kickbox Fast Fix | 7:15pm

Group Active | 9:30am
Total Body | 12:15pm
Total Body | 12:45pm

Patrons may use any available opening.

However, please remember that HCC programs, leagues, & rentals will have priority.

Please be courteous if asked to be moved. This schedule can change without advanced notice.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



HARRISONVILLE
Parks & Recreation